

Celebrating National Roller Skating Month

**LACE UP,
WHEELS DOWN,
»»» LET'S SKATE!**

**Free
Learn to Skate Class!
Monday, October 5th
6:00 - 7:00pm**

**Learn the Rollerskating Basics:
Starting & Stopping
Forward & Backward Skating
Stroking, Crossovers & More!**

**Registration
Form on
the Back!**



2026

Important Things to Know

We recommend registering ahead of class to help us keep class size to a safe number and to insure your spot. Please fill out the registration form (one per person) & drop it off ahead of time or bring it with you.

If applicable, the skating floor will be divided for different class levels and/or ages.

Skaters should arrive at least 15 minutes early to check in and get their skates on. The first 15 minutes of class are for warmup. The lesson will start promptly at 6:15pm.

Level 1 - Falling & getting up, balancing on one foot, stroking, forward scissors, basic forward stopping, forward cannonball.

Level 2 - Forward gliding, forward & backward scooter pushes, Shoot the Duck, backward stepping, backward scissors, backward stroking, backward stopping, forward crossovers, backwards balancing on one foot.

Level 3 - Forward crossovers in both directions, backward crossovers in both directions, turning forward to backwards and backwards to forward, T push, forward inside & outside edges, two foot jump, two foot spin.

Free Learn to Skate Class

October 5th, 2026 * 6:00 - 7:00pm

Open to All Ages & Skill Levels

Skate/Blade Rental Included

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WHEELS DOWN,
>>> LET'S SKATE!**

Free Learn to Skate Class October 5th, 2026

NAME _____

ADDRESS _____

CITY _____ ZIP _____

PHONE _____

EMAIL _____

DOB MONTH ____ DATE ____ YEAR ____ AGE ____

CONSENT AND LIABILITY WAIVER

The undersigned applicant having knowledge of the physical risks involved in instructional skating programs, waive any claim I (we) have for myself (ourselves) & the Applicant for any injuries sustained during the course of my instructional skating sessions. I (we) further release Rollhaven Skating Center & it's employees and affiliates from all claims for damages or liability resulting from the Applicant's activities. In addition, the undersigned hereby authorizes that in the event of a sustained injury, the Program Director or his/her assistants may secure temporary & emergency care.

Signature (of parent if participant is a minor)

Date _____